

Pandemic In-Person Services Informed Consent

This document contains important information about resuming in-person services in light of the public health crisis. Please read this carefully and let your therapist know if you have any questions.

Decision to Meet Face to Face

- You've requested and/or desire to meet in-person for some or all future therapy sessions. If there is a resurgence of the pandemic or if other health concerns arise, your therapist may require that sessions be conducted via teletherapy. If you have concerns about going back to teletherapy, your therapist will address any potential barriers and decide on a course of action.
- If you decide at any time that you would feel safer staying with, or returning to, teletherapy services, your therapist will respect that decision, as long as it is deemed clinically appropriate. As a reminder, reimbursement for teletherapy services varies in respect to office-based sessions. **Some individual insurance plans do not include teletherapy. It is solely your responsibility to understand your insurance company's policies regarding mental health coverage and teletherapy. You may call the number on the back of your insurance card to determine your benefits. If the insurance changes for any reason or insurance does not compensate for the complete portion, you will ultimately be responsible for the remaining costs of the contracted rate.** If your insurance changes, it is your responsibility to inform your therapist.
_____ (initial)

Risks of Opting for In-Person Services

- You understand that by coming to the office, you are assuming and accepting the increased risk of exposure to the coronavirus (or other public health risk). The aforementioned risk will increase if you travel by public transportation, cab, or ridesharing service. _____ (initial)

Your Responsibility to Minimize Your Exposure

- To obtain services in person, you agree to take certain precautions which will help keep everyone safer from exposure, sickness and possible death. Your failure or refusal to adhere to these safeguards may result in starting/returning to a teletherapy arrangement.
 - You will only keep your in-person appointment if you are symptom free.
 - If your temperature is elevated (100 Fahrenheit or more), or if you have other symptoms (i.e. cough, shortness of breath, sore throat, fatigue, body aches, etc.) of the coronavirus, you agree to cancel the appointment or proceed using teletherapy. If you wish to cancel for the above reason, your therapist will not charge you the standard cancellation fee.
 - Upon arrival to your therapy appointment, you will allow your therapist to utilize a noncontact thermometer on your forehead to determine if you have an elevated temperature (100 Fahrenheit or more).

- You agree to following the below waiting room procedures.
 - Noblesville office: Clients are to wait in their cars or outside until no earlier than 5 minutes before their appointment times. Only the people necessary for the appointment are to be in the office building. Any additional family members or friends should wait outside of the building.
 - Greenfield office: Clients are to wait in their car until their therapist comes to the exterior entry door and lets them into the waiting room. Only the people necessary for the appointment are to be in the office building. Any additional family members or friends should wait outside of the building.
- You will wash your hands or use hand sanitizer when you enter the building.
- You will adhere to the safe distancing precautions Mosaic has set up in the waiting room and therapy room. For example, you won't move chairs or sit where Mosaic has signs asking you not to sit.
- If requested by your therapist, or suggested by local government, you will wear a mask in all areas of the office.
- You will keep a distance of 6 feet and there will be no physical contact (e.g. no shaking hands) with your therapist.
- You will try not to touch your face or eyes with your hands. If you do, you will immediately wash or sanitize your hands.
- If you are bringing your child, you will make sure that your child follows all of these sanitation and distancing protocols.
- If you have a job that exposes you to those who are infected, you will let your therapist know.
- If a resident of your home tests positive for the coronavirus, you will immediately let your therapist know and therapy can resume via teletherapy.

Mosaic's Commitment to Minimize Exposure

- Mosaic has taken numerous steps to reduce the risk of spreading the virus within the office. Below are some of the common procedures and practices Mosaic is implementing. Please let your therapist know if you have questions about these efforts.
 - Office seating in the waiting room and in therapy rooms has been arranged for appropriate physical distancing.
 - If mandated by local and federal government, Mosaic staff will wear masks.
 - Mosaic staff will maintain safe social distancing.
 - Restroom soap dispensers are maintained and staff are encouraged to regularly wash their hands.
 - Hand sanitizers that contain at least 60% alcohol are available in the therapy rooms and the waiting room.
 - All clients are to wait in their cars or outside until no earlier than 5 minutes before their appointment times.
 - Credit card pads, pens and other areas that are commonly touched are thoroughly sanitized after each use.

- Physical contact is not permitted.
- Tissues and trash bins are easily accessible. Trash is disposed of on a frequent basis.
- Common areas are thoroughly disinfected multiple times throughout the day.

If You or Your Therapist Are Sick

- Mosaic is committed to keeping you, Mosaic staff, and all respective families safe from the spread of this virus. If you show up for an appointment and your therapist believes that you have a fever or other symptoms, or believe you have been exposed, your therapist may do the following:
 - Your therapist may require you to submit to a noncontact thermometer reading.
 - Your therapist may require you to leave the office immediately. If appropriate, the session can be conducted via teletherapy or scheduled for a later date once you are symptom free.
 - Your therapist may require you to wear a mask during the session.
- If any Mosaic therapist tests positive for the coronavirus, you will be notified so that you may take appropriate precautions.

Your Confidentiality in the Case of Infection

If you have tested positive for the coronavirus, Mosaic may be required to notify local health authorities that you have been in the office. If Mosaic has to report this, only the bare minimum will be provided for their data collection and any details pertaining to the clinical reasons for your visits will not be shared. Furthermore, other clients of Mosaic may be informed of a possible exposure while receiving services at Mosaic. By signing this form, you are agreeing that Mosaic may do so without an additional signed release.

Acknowledgment and Consent

Mosaic may change any of the above precautions if local, state or federal orders or guidelines are published. If the aforesaid happens, your therapist will discuss with you the changes. By your signature below, you are indicating that you have read, understand and agree to this document, that any questions you have about this document were answered to your satisfaction, and that you were offered a copy of this document. Furthermore, this agreement supplements the general informed consent you previously signed at the commencement of your treatment at Mosaic Counseling Services.

Printed Name of Client

Signature of Client

Date

Printed Name of Parent/Guardian
(If client is under 18)

Signature of Parent/Guardian
(If client is under 18)

Date

Printed Name of Parent/Guardian
(If client is under 18)

Signature of Parent/Guardian
(If client is under 18)

Date

Printed Name of Therapist

Signature of Therapist

Date